

UNM AND COMMUNITY RESOURCES FOR STUDENTS (ONLINE/PHONE OPTIONS AVAILABLE!)

SHAC: Student Health and Counseling

Student Health & Counseling Bldg. 73

<https://shac.unm.edu/>

Phone: (505) 277-3136

Services provided:

- Basic Health Services/Appointments
- Mental Health Services, Counseling
- Pharmacy
- Nutrition
- Physical Therapy
- Immunization
- *And more...*

CAPS: Center for Academic Program Support

Third Floor, Zimmerman Library

<https://caps.unm.edu/>

Phone: (505) 277-7205

Services provided to students:

- Drop-In Tutoring
- Individual Tutoring Appointments
- Workshops
- Conversation Groups
- Supplemental Instruction (SI) Sessions
- Online Learning Support
- *And more...*

Student Organizations (list not exhaustive)

- African American Student Services: <http://afro.unm.edu/>
- American Indian Student Services: <http://aiss.unm.edu/>
- El Centro de la Raza: <http://elcentro.unm.edu/>
- Women Resources Center: <http://women.unm.edu/>
- Veterans Resource Center: <http://vrc.unm.edu/>
- Career Services and Advisement: <https://career.unm.edu/>
- LGBTQ Resource Center: <http://lgbtqrc.unm.edu/>
- College Enrichment Program: <https://cep.unm.edu/>
- UNM Childcare: <http://childcare.unm.edu/>
- UNM Association for Non-Traditional Students (ANTS): <http://www.unm.edu/~antsunm/about.shtml>
- Men of Color Initiative (MOCI): <http://menofcolor.unm.edu/>

LoboRESPECT Advocacy Center

Part of the Dean of Students Office (<https://dos.unm.edu/>)

University Advisement & Enrichment Center, Rm 262

<https://loborespect.unm.edu/>

Phone: (505) 277-2911

Services provided:

- Confidential/Anonymous Reporting
- Survivor Advocacy (sexual assault, abuse, etc.)
- Absence Notifications
- Lobo Food Pantry
- Military Withdrawals
- Short Term Disabilities and Loans
- Tuition/Grade Appeals
- *And more...*

Career Services

UAEC Building 85, Room 220

<https://career.unm.edu/>

Phone: (505) 277-2531

Services provided:

- Assistance with Resumes, CVs, Cover Letters, Interviewing skills, Follow-up & Thank you Letters, etc.
- Career advisement, fairs and events
- Workshops to help you find a job
- Career Assessments to help you identify your strengths and assist in your career decision making
- In-person and online Walk-In hours available
- *And more...*

ARC: Accessibility Resource Center

2nd floor of Mesa Vista Hall, Bldg. 56 Rm 2021

<http://as2.unm.edu/>

Phone: (505) 277-3506

Services provided:

- Testing Accommodations (ex. Extended Time, Adaptive Equipment/Software, Testing Center...)
- Deaf and Hard of Hearing Services
- Issues with Physical Access
- Autism
- Technology Accommodations
- *And more...*

UNM Learn Technical Support for Online Courses

<https://online.unm.edu/help/learn/students/>

Phone: (505) 277-0857

Services provided:

- General information on how to navigate UNMLearn
- Tutorials for guidance on completing assignments, blogs, journals, video submissions, etc.
- List of supported browsers
- Accessibility support
- *And more...*

UNM Academic Advisors

You can always meet with your major Academic Advisor to help better guide you to appropriate areas of support.

How do you locate your advisor?

<https://students.unm.edu/navigating-your-major/index.html>

If you are experiencing thoughts of suicide or of harming yourself or others, please seek immediate help:

AGORA Crisis Center

(505) 277-3013

(866) HELP-1-NM [435-7166]

National Suicide Prevention Lifeline

(800) 273-TALK [8255]

Local Emergency Services

911